



Mental Health Resources

WHAT TO DO IN A CRISIS

Call 9-1-1 for Emergency Medical Services

If a situation is potentially life-threatening, get immediate emergency assistance by calling 24 hours a day

OR

Call For Help

- 24-hour Safe2Tell Colorado
1-877-542-7233
- 24-hour Colorado Crisis Services
1-844-493-8255
(many languages spoken)
- 24-hour National Suicide Prevention Lifeline
1-800-273-8255
- 24-horas Red Nacional de Prevencion del Suicidio
1-888-628-9454
Prevencionselsuicidio.org

OR

Take the Child for Immediate Help

- Nearest hospital emergency room
- 24-hour Colorado Crisis Services walk-in locations
Coloradocrisisservices.org

24-HOUR CRISIS LINES

Safe2Tell Colorado 1-877-542-7233

Anonymously report anything that concerns or threatens you, your friends, your family or your community

Colorado Crisis Services 1-844-493-8255

Text "TALK" to 38255

Chat online 4 p.m.-12 a.m. daily at ColoradoCrisisServices.org

24-hour walk-in crisis centers in Boulder, Westminster, Wheat Ridge, Littleton, Denver and Aurora

Jefferson Center for Mental Health 303-425-0300

24-hour walk-in crisis center at 4643 Wadsworth Blvd., Wheat Ridge, CO 80033

AREA MENTAL HEALTH SERVICES PROVIDERS

Colorado Crisis Services – Coloradocrisisservices.org

Offers crisis phone, text and online chat. Local walk-in crisis centers offer confidential, in-person crisis support, information and referrals

24-hour walk-in crisis centers in Boulder, Westminster, Wheat Ridge, Littleton, Denver and Aurora

Jefferson Center for Mental Health – JCMH.org

Jefferson Center offers 24-hour emergency mental health and substance abuse services, therapy, suicide prevention, and other programs to support the mental health of children, youth and families.

24-hour walk-in crisis center at 4643 Wadsworth Blvd., Wheat Ridge, CO 80033

Second Wind Fund – Thesecondwindfund.org

Matches children and youth at risk for suicide with licensed therapists in their communities. If a financial or social barrier to treatment is present, they pay for up to 12 sessions of therapy from one of their specialized network providers.

The Center Denver – GLBTColorado.org

The Center's mission is to engage, empower, enrich, and advance the gay, lesbian, bisexual, transgender and queer community of Colorado. Rainbow Alley is a safe drop-in space supporting LGBTQ youth and their allies ages 11 to 21 with youth-led events and activities, counseling and support groups, health services and life skills.



JEFFERSON COUNTY ASSOCIATION
FOR GIFTED CHILDREN

Jefferson County Association for Gifted Children (JAGC)
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